PUPILLARY

ERUNAL SOCIAL SCIENCES HIGH SCHOOL PUBLICATION

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Dear all,

When it is ready to be printed in real life, it is really difficult to prepare a masterpiece. Whenever someone believes what you need to do, it is very easy to open the gate. This is what we want to say!

We believe and we do that at our home of Erünal SBL. There are a lot of works of art and efforts to combine the networks of the students and teachers together. We really mean that we trust and believe in education.

This work of art makes us excited by the help of our teachers of English and our students willing to share their studies especially on English.

Not only does it make special but also it makes us incredibly happy when we do together. This is only the start of our English Publication, we try to enhance what we have done.

Thanks to all teachers of English and students who engage with the process of publishing as the process is another masterpiece of Erünal SBL.

Özgür UYGUR

School Manager

Dear Readers,

"Pupillary" is an English School Magazine. It was designed for bothstudents and adults. All studies were done by our students. They have tried to narrate what they have in their mind about any subjects like history, science, art, sport, books, etc. We wish you would be delighted with reading this magazine because we are entirely sure that the variety of studies and the topics will make you have fun and interest while reading.

Our students are "the pupil of the eye". Do you know what the pupil means in the process of sight? Let me tell you simply. The function of the pupil is to allow the light to enter the eye in order to begin the process of sight. This is what we want to achieve during the period of education at Erunal. The importance of education is something like the pupil does. So our students are very important. We try to prepare our students with different skills and knowledge in our school. This magazine is the reflection of their skills and knowledge. While reading this magazine you will either feel their emotions or benefit their knowledge or maybe admire their intelligence.

I can proudly say they are our students in other words they are our pupils. This is why we call our magazine as "*Pupillary*". As Atatürk said to teachers: "The new generation will be your devotion." I'm happy to be their teacher and to deliver the future to them. The hope for the great future is more than a hope with them. They are the designer of the future and I'm sure they will do that perfectly...

At last, I would like to thank firstly our dear students who supported us with their studies, and then our precious teachers who contributed me with their ideas besides leading our students and also our School Manager Özgür Uygur who encouraged all of us for this magazine.

HOŞEDA SARİ

English Teacher / Editor

CONTEXT:

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THE IMPORTANCE OF FOREIGN LANGUAGES

When a foreign language is mentioned, English comes to mind at first. However, there are many languages such as French, German, Russian, Japanese, Italian and etc. I think the aim of learning a foreign language is to understand and recognize people from different cultures.

Here is the question "Why is foreign language important?" The importance of foreign languages covers a wide ranges of areas from work life to school life. It is possible to express this in these following ways;

When you learn a foreign language, you will have an opportunity to talk to entirely different groups. This will be very useful in an international company or travel. The ability to speak in another language makes it easier to travel even if the language you speak is not the language of the country you are visiting. Perhaps some locals can speak it as a second language, which gives you an advantage. Learning a language will allow you to see the world in a different way. As you work in a new foreign country, you have a new vision of the world. To know a foreign language broadens your mind.

In Turkey, foreign language is becoming increasingly important. The need to know not only one but also more foreign languages, as a result of developing relations with Europe and Turkey, is increasing. The development of the Internet and the increasing number of commercial relations in Turkey are preparing the ground for the development of foreign language teaching.

Learning a new language adds a lot to people. Each language has its own elements of rhythm and spirit, as well as cultural elements that it recognizes. In short every language is a wealth. As said in a well known proverb "the person who speaks one language is worth a man, a man who speaks two languages is worth two men, a man who speaks three is worth all mankind".

SUDE ARGA

9-A / 1422

ANTALYA

Antalya is one of the most important tourism centres in Turkey. We can say Antalya is the paradise of Turkey. You shouldn't come Antalya for just sea or beach. Antalya is treasury of history with almost 50 ancient cities. Olympos in Kumluca and Aspendos in Serik are famous ancient cities around the world. Olympos is important for mythology. Hadrian Gate is a Roman work, that was made in the name of the Roman Emperor Hadrian in B.C. 130. Yivli Minaret is a collection of Seljuk works in Kalekapisi. The buildings in the complex are: Yivli Minaret, Yivli Mosque, Gıyaseddin Keyhüsrev Madrasa, Selçuklu Madrasa, Mevlevihane, Zincirkıran Tomb and Nigar Hatun. St. Nicholas, known as Santa Claus in the world, was born in Patara, one of the most important cities of the Lycian region, and lived in Myra (Demre). After the death of Saint Nikolas, who was believed to be the protector of the sailors and students, he built a church in his name. They placed the sarcophagus inside. This place is Santa Claus (St Nicholas) Museum. You can live 4 seasons together in Antalya. It is possible to swim in the sea, while skiing in Saklıkent Skiing Resort 50 km away.



Hadrian Gate, Sante Claus (St. Nicholas) Museum Aspendos Ancient City, Clock Tower And Yivli Minaret



Antalya Golden Orange Award

There are many festivals in Antalya. Antalya Golden Orange Film Festival is important for Turkish cinema. Aspendos Opera and Ballet Festival are also special events aimed at providing cultural services for tourists to come Antalya. Antalya Piano Festival, Beach Park Rock Festival and Antalya International Short Film / Video **Festivals** are important festivals like the others. The heart of the entertainments like step, aerobic, beach football, beach volleyball, beats at beaches and also beach parties are some of the fun activities.

The cuisine of Antalya is pretty delicious. Don't leave without tasting the dishes.

Main Dishes: Kölle, fried meat on an iron plate, tandoori kebab, hibeş, cive with eggplant, şakşuka, fish with garlic sauce, been salad with tahini.

Famous Desserts: Aburcin / Eggplant dessert, Bergamut and Citrus molasses, pumpkin dessert with tahini, eggplant jam, bergamot jam, citrus jam, watermelon jam.



Pumpkin Dessert with tahini"

"Without any doubt, Antalya is the most amazing city in the world" says Atatürk.

HİLAL ÖZSOY Prep C / 112

HISTORY

I want to start giving information about Turkish history with Napoleon's words: "The Turks can be killed but not defeated." Indeed, the Turks are one of the oldest and heroic tribes of history. Turkish history is full of victories and successes. This warrior nation has always known to protect its own existence throughout history. The Turks proved this with the war of liberation. The War of Independence is the success of Atatürk and public. Turkish hero Ataturk dedicated his life to the Republic of Turkey. In my writing, I said that history cannot be written from the beginning, but Atatürk succeeded. Imagine a person who did what the world said he couldn't do. Despite all the negativity, he founded the Republic of Turkey and made history. I would like to close this paragraph with the words of Atatürk; "A nation that does not know its history cannot plan its future."

Do you like history? A majority of students dislike history but those students don't learn very much from the lessons of history but it is the most important fact of all the lessons that history has to be taught. Edmund Burke confirmed this with these words; "Those who don't know history are destined to repeat it."

In fact history does not belong to us but rather we do it. Long before we understand ourselves through the process of self-examination, we understand ourselves in a self-evident way in the family, society, and state in which we live. History is a unique and fascinating subject for me. They say you should consult the past if you want to learn about the future. History has a lot to teach us.

Every country has its own history. I am interested in Germany history because I wonder how Germany developed after the Second World War. After my gradution, I would like to go to Berlin in order to study Germany's history. My primary school teacher taught me a lot about history and she made me love history. She has a lot of history books and she has known so much about history.

We hear some people saying "You are making history". Some people believe that they can rewrite history but they can't. The history can't be changed. Yesterday is history, tomorrow is a mystery, but today is a gift. That is why it is called the "present". Please do yourself a favor and learn your history.

YUNUS ALP GÖK Prep C / 88

OTHELLO

Shakespeare is one of the first people coming to my mind when it comes to English literature. Although hundreds of years have passed, his works have still been read and staged with interest. In his works, he handled the human nature and the most basic feelings of love, ambition, jealousy and separation. "A Summer Dream "," Romeo and Juliet "," Hamlet "," Macbeth "," Othello "are just a few of his famous works. In this article I will tell you about OTHELLO.



The story begins with Othello and Desmanoda's marriage. Desmanoda is a beautiful noble girl and Othello is a Moorish general in the Venetian army. They love each other but Desmanoda's father Sinyor Barbosa is a racist man so they get married secretly. Their marriage is so good but Iago deceives Othello. Iago is an ensign in the Venetian army. Iago said Desmanoda deceive him with Cassio. Cassio is Othello's lieutenant also young and inexperienced soldier. Othello trusts

Cassio very much so he doesn't believe that. Desdemona drops the handkerchief that Othello gave her on their honeymoon. Iago's wife (Emilia) gives it to Iago, who then tells Othello that Cassio has the handkerchief. Othello is incensed to hear that Desdemona would give away something so valuable, and comes to believe that Desdemona is guilty. Then Othello swears to revenge.

Othello is the first Shakespeare's book I have ever read and I really like it. The author has been dancing with the words. While you are reading the book, you feel yourself in the book. My favorite thing about the book is that you know everything since the beginning of the story. Who is bad, who is good you know them all. Besides, you can find lots of feelings in the book. The Lie with Iago, jealousy of Othello, Goodness of Desmanoda. I think that if you don't want to feel regretful, you should read. "Reputation is an idle and most false imposition;

often got without merit, and lost without deserving."

SENEM BIÇKICI Prep C / 48

NIKOLA TESLA

Nikola Tesla was born in 1856 in Croatia. His parents are Milutin and Djuka Tesla. His father was a priest and an intellectual who encouraged his son to develop unusual mental dicipline. His mother was an inventor of many times like saving devices used for domestic tasks. Despite his early success at school and obvious interest in experimenting with mechanical devices, Tesla's father was determined that young Nikola became a minister. Only after Tesla sank into an acute physical decline, his father relented and allowed him to continue his scientific education at Graz Polytechnic Institute in Austria.

While still a student, Tesla began to think about the possibilities of alternating current (AC) electricity. AC electricity could generate high voltages for long distances without getting weaker. Tesla became convinced that AC is

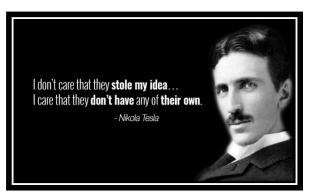
more effective and costs less than direct current (DC) electricity, which was more common at his time. After three years at the Graz Polytechnic Institute, Tesla stopped attending lectures. He left Graz in 1878 and began working as a



draftsman in Maribor. In 1880, Tesla moved to Prague to continue his studies at the Karl-Ferdinand University. Leaving Prague in 1881, Tesla moved to Budapest where Ferenc Puskas hired him to help Edison for installing telephone exchange there. The Continental Edison Company sent Tesla to work in Paris and Strasbourg, where his work caught the eye of Charles Batchelor, head of Edison's operations in France. Charles Batchelor invited Tesla to work for Edison in the United States. In 1884, he went to New York and immediately got a job with Edison, who recognized Tesla's abilities but didn't want to support his work on arc lighting. In 1886 Tesla founded the Tesla Electric Company, which founded his arc light experiments. More importantly, Tesla returned to his AC experiments and within two years he applied for more than thirty patents on his system.

After agreeing to a contract that turned over AC development and patents to the Westinghouse Corporation, Tesla became a wealthy man. When Westinghouse got into financial problems, Tesla supposedly tore up his contract and refused further royalties for his patents. This decision affected his future work because he had fewer financial resources for laboratory space and equipment.

He worked on a number of other inventions, including a transformer that changed low voltage to high voltage with a safe electrical current. This transformer is known as the Tesla coil. Westinghouse supplied all the lighting for the Chicago World's Fair in 1893 using the Tesla system, including the engine, dynamo, and AC generator. Thereafter, AC became the preferred method of generating electricity. As a result of his success, Tesla became a famous man. He enjoyed high society in New York, lectured internationally and gave



demonstrations of electricity that seemed like displays of magic to the public. His interests ranged beyond pure research on electricity. At an address to the National Electric Light Association, he proposed the principles of wireless broadcasting. Tesla also experimented with vibration, the rapid motion of an

object that creates air waves, and with resonance, the effect of air waves on an object. As he grew older he began to rely more on empiricial experiments instead of his original method of visual invention, which involved perfecting devices in his head and not building models until he was sure they would actually work. In 1895 the shift in methodology made a fire in his research laboratory and caused a major disaster. Unfortunately, he lost his books and notes as well as his equipment because of the fire. However, he found financial backing for a new lab and began pioneering research on robotics, remote control, and solar energy. At sites in Colorado and Long Island, he tried to develop worldwide communications and power transmission systems, but problems about money and physics led him to failure. Along with Edison, Tesla was popularized by the press as an electrical wizard. Images of the inventor sitting calmly beneath dazzling displays of electricity became common sights. Tesla remained active and continued to work on new ideas. In 1916, the American Institute of Electrical Engineers (AIEE) recognized Tesla's contributions and awarded him the Edison Medal for "meritorious achievement in his early original work in polyphase and highfrequency electrical currents." Financial difficulties contiuned to plague him, however, especially once his early patents expired. Tesla lived lonely and increasingly reclusive and accentric in a room in the New Yorker Hotel until he died in 1943. The unit of magnetic flux density was named in his honor in 1960.

Ayşe Gizem KAVAK

NO MATTER WHAT HAPPENS

I have no expectations
I just want to control my feelings
So no matter what happens
I know I will have a great time

Life is short to think
Life is short to stop
So no matter what happens
I know I will have a great time

Sometimes we win Sometimes we lose So no matter what happens I know I will have a great time

Everyone has the same end
The important thing is how we live
So no matter what happens
I know I will have a great time

Our languages, religions, races are different
But we are all human
So no matter what happens
I know I will have a great time

TUĞÇE SARALİ Prep A/35

CHARMING EFFECTS OF MUSIC

Television has made people addicted to itself with its discovery, and this addiction has increased with the discovery and spread of movies and series. But how? It has been observed that series and movies had great effects on people in ancient times and today. Then what is the source of these effects?

Although the success of actors and the fiction has a huge effect on audience, we can't underestimate the effect of some sudden notes and a melody on a thrilling scene. Even if the facial expressions of the actors and the flow of the fiction are successful, people sometimes can't feel the emotion of that scene enough without a few notes and melodies. Sometimes we can even get the meaning of the words and sentences more clearly with a background music. For example, it can make us laugh when a fun music is put on a scene where we could be sad without that music. Too many people put a lot of effort to make a movie or a series music. Even sometimes movies' music CDs may be sold more than the DVDs of the movies. If I give an example, when there is a scene that impresses me in any movie or series, I download the background music of that scene to my mobile phone and listen to that like a usual song that everybody listens. Every time I listen to it, the scene comes to my mind and I can taste the emotions as I felt when I watch it for the first time.

Some of the series or movie musics can immediately bring to mind that series or movie once you hear a few notes of them. Those tunes have such a great effect that it can make the audience cry and laugh at the same time. I think most of you guessed the movie I was talking about "Hababam Sınıfı". It is such a professional and fascinating tune that blends well with every scene throughout the movie and somehow integrates with the fiction. It can even charm up a person who doesn't know anything about music. Many more legendary movie sound tracks examples can come to your mind like this one.

Not only music of the movies and series, but also the songs written and composed by artists all over the world can reflect and even change our mood. Even a tune that is filling in our ears can remind us our memories. It can make us happy, sad, afraid, worried, excited, energetic or something else. In brief, any kind of arts effects on human are unrealistically fascinating. I think the greatest discovery of human being is music. Art. As Ataturk said; "A nation without art has lost one of its vital veins."

AZRA ÇAĞLA ÇANCI

BLACK HOLES

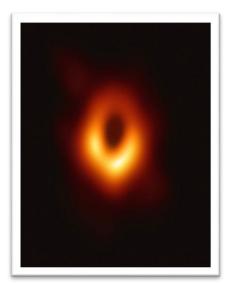
A black hole is somewhere gravity pulls so much that light can not get out. The reason why gravity is so strong, is because of the fact that matter has been squeezed into a tiny little space. This can happen when a star is about to die. Because no light can get out, people can't normally see black holes. Telescopes with special modifications and tools can help finding black holes.

How Big Are Black Holes?

Black holes can be big or small. Scientists think the smallest black holes can be as small as just one atom. These black holes are very tiny but can have a lot of mass. Another kind of black hole is "Stellar." Its mass can get up to 20 times heavier than the mass of our sun. The largest black holes are called "Supermassive." These black holes can have masses that are heavier than 1 million suns. Scientists have found proof that every large galaxy contains a supermassive black hole at its center. The supermassive black hole at the center of the Milky Way galaxy is called Sagittarius A. It has a mass equal to about 4 million suns.

How Do Black Holes Form?

Scientists think the smallest black holes formed when the universe first began and supermassive black holes are as old as the galaxies they are in. Stellar black holes are made when the center of a large star colapses in upon itself. When this happens, it causes a supernova. A supernova is a case of the star exploding and sending parts of it into other parts of space.



How does NASA search Black Holes?

NASA uses satellites and telescopes to learn more about black holes. Scientists have obtained the first image of a black hole, using Event Horizon Telescope observations of the center of the galaxy M87. The image shows a bright ring formed as light bends in the intense gravity around a black hole that is 6.5 billion times more massive than the Sun. This photo became public on 10th April 2019. The black hole is 500 quintillion km (nearly 53 million light year) away and was photographed by a network of eight telescopes across the world.

ATA ERGİN OLBUZ Prep C / 25

DARK ROSES

I feel like burning in fire. I know, that's what you desire. This is pain, only. Please, let me go slowly. Many times, I tried. But everytime, I cried. When I need you the most, I told you "save me" You told me "maybe" But you hated me and never rescued me. What now? Will you end my pain Under the midnight rain? My heart is a grave. I see, dead flowers on your grave. Now, I'm at the deep. And I can't breathe. Trying to be brave. Beside your grave, Dark roses in my hand.

PLATYPUS

They are mammals but they reproduce by laying eggs. Platypus are endemic animals.

They live only in certain regions. Tazmania and Southeastren coasts are their homeland. They can be seen in sandy lands of the coast or in wells in these areas.

They spend most of their time underwater.

Platypus are carnivous animals. They eat sea creatures, insects and larva.

Platypus can live between 20 and 23 years. They live both on land and in water.

They have got duckbill, beaver tail and webbed feet. Their beak is like



the duck's beak. They have got fur. Their fur is tight and waterproof. They use their beaks to detect the underwater movements.

A platypus has a lenght of about 40 cm and widht of 15 cm. They are only one and half kilo.

They are good swimmers because of the extra skin on the soles of their feet. They are night animals. They are more active at night. They usually sleep during the day. They spend half the day hunting. They haven't got any teeth. So, when they catch their preys, they take them out of water and crush them on the stones. They store oil in their big tails and it provides them extra energy. They are the only mammal animals that have poison. They have got strong poison in their ankles and in this way they protect themselves. Their poison can kill animals and even people.

ASLIHAN SÖNMEZ Prep C / 77

SUPER OLD WOMAN

When I was 11 years old, I really felt that I am poor and I decided to stay at home because I had a plan and a great expectation. I thought that I must lie to my mother and I had a simple lie. I said "I am sick. I don't want to go to school today". My mother believed me poorly. Until my siblings go to school I prentended to be sick, later, my mother looked after me for a while but she had to go to work and she left the house.

At that moment, I didn't have any obstacle to realize my plan. As soon as she left the house I began to search for her wallet. It wasn't hard to find it. I used a well known method. The things that are too much, do not attract much attention and I took 50 TL. I stayed at home becasuse the places where I can spend the money were closed. I wanted to take a nap for a while but I fell asleep. When I woke up, it was noon. I put on my clothes to go out. At that moment my mother arrived. She asked me whether I was good or not. I replied her that I was good, I needed to take a breath. My mother asked me: If I had money to go out by kidding me and she started to check my pocket and she found the money in my pocket. She was so surprised. "Where did you get that money?" she asked. I told a very simple lie like a rookie burglar: An old woman gave to me to give you. My mother was shocked because she had heart that funny lie before and she started to laugh instead of beat me and I left the house without saying anything.

At dinner my mother told everything to my siblings and all of my siblings forgot stopped eating because they were laughing at my science fiction. Whenever I tell this story, I just have the same feeling of that day. I will keep this story in my mind throughout my life to tell my children and maybe grandchildren.

GÜLER BULU Prep C / 87

CHILDHOOD AND CHILDREN'S RIGHTS

Child is the joy, blessing and hope of the house... At the same time, child is an individual. They have unique hobbies, habits, ideas and decisions. In order to educate and prepare the child for life, we must first recognize them, respect them and accept them as they are. Because the child deserves as much respect as an adult, too. So, what is childhood? Who is called as a child?

Childhood is the end of infancy but not yet an adult. UN Human Rights Commission accepts people under 18 as children. It means we are all children now and maybe until our graduation from this school.

The future is very important for children. There are many factors that affect them. Expecially, parents should be sensitive. In addition to environmental, social and economic factors, family psychology is also important for their future. Because we all shape our character with our society, family and cultural values. As I said, all these positive and negative behaviors affect the child's development and future. It affects one's relationships, self-esteem, career choice, what kind of partner he/she will choose in the future. The UN has issued a number of declarations and reselutions against child trafficking, enslavement of children, early marrige, abuse of adoption and inappropriate conduct of children in criminal proceedings.

Every Child Has Rights

The Convention on The Rights of The Child was adopted by the United Nations General Assembly on 20th November 1989. It entered into force on 2nd September in 1990. At the same year this convention was adopted by Turkey on 14th December. The Convention on The Rights of The Child has 54 articles. As an international law, the rights are not-so-easy to read. Here are the simplified versions;



The right to live with a family



The right to have a stable, loving, nurturing environment



The right to get healthcare and nutrition



The right to get clean water and electric power



The right to have an equal education



The right to have equal opportunities



The right to get guidance from a caring adult



The right to be heard and participate in decisions that affect them



The right to be prepared for active and responsible citizenship



The right to be protected from abuse and neglect



The right to live in conditions of dignity and freedom



The right to have spiritual development

YAĞMUR BULUT

Prep D / 122

THE CHILD IN US

We were all children once

We ran after balls

And played games

We needed only love, pity

And mostly fun.

We were all children once

We couldn't be offended with each other

And couldn't think of evilness

The meaning of life was only chocolate and sugar,

And mostly game and friendship.

We were all children once

We had the purest feelings

And the clearest thoughts.

Then we grew,

We matured as we grew

And only the lucky ones

Managed to keep the child alive inside.

SILA GÖKPINAR

Prep D / 76

MOOD

Sun is shining

On my face.

Weather is warm.

Season is fall.

The breeze is

Blowing from the North.

The leaves are falling,

On the ground.

I'm walking on the coast.

A coffee in my hand,

I'm just listening

The rhythm of the nature

My blonde hair is

Flying in the air.

Suddenly I noticed

Waves are touching my feet.

I'm happy now.

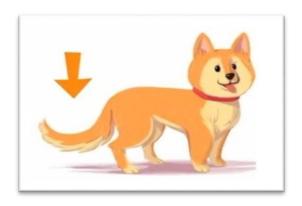
Like a child.

İREMNUR DEMİRKOL

Prep C / 98

LET'S GET TO KNOW OUR CUTE FRIENDS

We all love our dog friends. They make us sometimes happy and sometimes scared, but we can say that they are very sweet. We also have a lot of dog friends in our school. They sometimes try to tell us something, but we don't understand what they're trying to tell us. So, what are they trying to tell us? Let's learn and get to know our cute friends.



If the dog's tail is like this:

- It didn't understand what to do.
- It is waiting for your command.
- It sees you as responsible person.



If the dog's tail is like this:

- It challenges you.
- It wants to play games.
- It feels brave and strong.



If the dog's face is like this:

• It wants to get your attention.



If the dog is happy like this:

• It sees itself as bossy.



If the dog's two ears below:

• It is afraid.

If the dog's one ear below:

• It has met strangers.



If the dog's tail is like this:

- It trusts you very much.
- You are your dog's best friend.



If the dog's face is like this:

- It's time to sleep.
- It depends on you.



If our dog's paw is like this:

- It wants to ask you something.
- It may be hungry.

This is the meaning of some of the movements of our dog friends we encounter almost every day. Now, we know what our cute friends want to tell us.

iLAYDA EKİNCİ Prep D / 49

PANIC ATTACK

I saw a light five minutes ago.

It flickered then ran away,

And I ran after it but it disappeared.

Leaving me alone in the dark once again.

Dark,

Darker,

Yet darker.

Everything fades away.

What am I doing here?

How did I come?

Where did I come?

Silence, once again.

Dark,

Darker,

Yet darker.

Was the Light even real?

A voice echoing through my head;

Four, seven, eight.

I opened my eyes,

Right in front of the mirror.

Four. Seven. Eight.

In and out.

The person in the mirror,

Looks tired and scared.

Darkness once again.

Dark, darker, yet darker.

Four, seven and eight.

And the headache goes away

For now...

MELÍNA YURTSEVEN Prep B / 42

ACHILLES HEEL

All my friends told me I should move on, But I'm lying in the ocean singing your song. Now my heart is on, And your feelings are off.

I wanted the butterflies you gave to me, But you only wanted me when I falling free. Now I'm seeing the way, the way you love her, I just don't want to admit her.

They asked me why I stay strong.
But I'm asking myself where is my soul?
I see she's got,
I see she's got something I don't.

Last time I was pure and only, he said to me: You don't want to be like me, Don't wanna see all things I've seen. But I'm dying and he's shinning like a lightning.

He says you don't want to get this way, Drunk, dumb, and no age, You are lying, just lying.

I'm getting this way now, And I know I don't belong in there So I left my own way, And in this way there is no pain...

> YEŞİM GÜL Prep B / 197

FALSE FACTS



Bananas grow on tress.



Actually, they grow on massive herbs that just resemble trees.



Milk increases mucus.



Nope: it doesn't. There's no need to avoid dairy if you have a cold.



×

Caffeine dehydrates you



The diuretic effect of caffeine is offset by the amount of water in a caffeinated drink



Sugar = Hyperactivity



Poor or rowdy behaviours still ocur in children with sugar-free diets.



Only 10% of the brain is used



Not all neurons are always firing. Besides, inactive cells are still important



We have only 5 senses



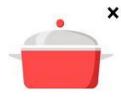
Many scientists insist on senses such as balance, pain, hunger, thirst, etc.



Dropped coins from a tall building kill



The terminal velocity of a penny is 48-80km/h. Not fast enough to kill – but it sure would sting.



Salted water boils quicker



Adding a sprinkle of salt to fresh water makes no noticeable difference



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Your hair and nails keep growing after death.



Wrong-but your skin tissue does recede, making them appear longer.

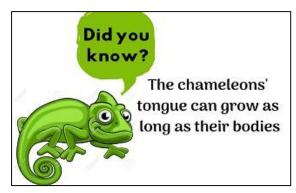


Oil stops stuck pasta

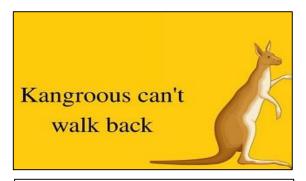


It doesn't prevent sticking. But it can stop the water boilling over.

DO YOU KNOW THAT?



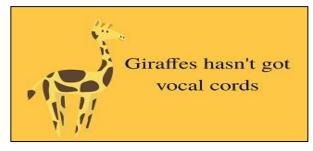




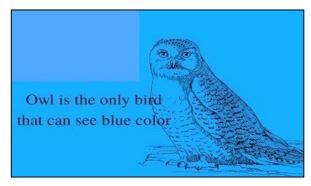
Scorpions shine in blue and green when under ultraviolet rays.

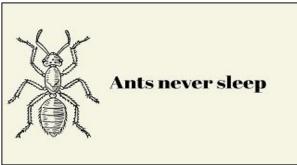


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NAZAR

Superstitions have been a crucial part of world cultures since the beginning of the humanity. As that is the case, we witness both lots of different and common superstitions around the globe. This phenomenon occurs in every single culture, from small tribes to the biggest empires. One of the empires to be mentioned is the Ottoman Empire. The Turkish dynasty of Osman has conquered many lands across the 3 continents of Europe, Asia and Africa. These land gains have given the empire a unique multicultural society that has evolved its own culture, lingual

collaboration and of course superstitions into a melt pot. And "Nazar" was a part of this multicultural environment. Nazar, also

multicultural environment. Nazar, also known as the "Evil Eye" is a general superstition in the Middle East. If you have grown up in Turkey, Islamic countries or Arabic Region, you should be familiar with it. It simply involves practicing some rituals such as saying some catch phrases or using some tools in order to prevent ill-will. Muslims generally believe in the existence of the evil eye because it is mentioned in the holy Quran and only some dismiss it as superstition. One of the examples of

what you have to do in order to avoid any ill - will, is to say the catch phrase "Maşallah" in Turkish or "الله شاء ما (ma-sha'allah)" in Arabic.

The things that you can use this phrase upon are houses, cars, or anything new, and most importantly; a new baby. Not only objects, but newly improving situations also seem to deserve this phrase. Another thing you can do about ill-will is to use a nazar bead. These beads are blue beads with eye symbolism. You can attach the bead on your loved ones, precious belongings and even at the entrance of your house. That is also another way to get on the way of ill-will.

I think this magazine also needs a nazar bead.

As a result superstitions are one of the way to understand different cultures and how they collaborate. Nazar is just one of them.

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